

ABOUT WOMEN GET ON BOARD

# Mentorship Program



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## ABOUT WOMEN GET ON BOARD

# Mentorship Program

**Ten years of trailblazing: Amplifying women's voices and transforming boardrooms and beyond**

**Women Get On Board Inc. (WGOB)** is a social purpose company launched in 2015 with a bold vision to build a national movement that connects, promotes, and empowers women to serve on corporate boards with confidence and courage.

We are proud to amplify the voices of women leaders, board members, and professionals across Canada through education, mentorship, and allyship. WGOB is guided by the "power of three" philosophy—the belief that while one woman in a boardroom is a token and two are a presence, three constitute an authentic voice for change.

## OUR IMPACT

- **74 Mentees** across 5 cohorts of the WGOB Mentorship Program, **37.6% of our Mentees are BIPOC.**
- **45 WGOB Mentors** across 4 cohorts of the WGOB Mentorship Program.
- With 4 previous and 2 current Sponsors, the WGOB Mentorship Program has seen **22 Sponsored Mentees**

## Mentorship Matching Selection Process

Registered Mentees will be required to complete a Mentees Profile, and Mentors will be required to complete a Mentor Profile. WGOB will make the best efforts to match Mentees with Mentors based on the information provided.

The **WGOB Mentorship Program** matches aspiring women corporate directors (Mentees) with accomplished leading and serving women corporate directors (Mentors) to elevate their board effectiveness and advance their board journey to a corporate board seat. The program will provide **Guided Mentoring** and incorporates key learnings from Deborah Rosati's e-book *How to Get Yourself On a Board* and **Peer-to-Peer Networking** for the Mentees.





# Mentees

Our **WGOB Mentorship Program** aims at women with more than ten years of senior management experience who have aspirations to lead and serve on a corporate board.

## MENTEE BENEFITS

Mentees will receive the following benefits:

- Receive 1:1 guidance from a leading and serving woman corporate director (your Mentor);
- Receive **Guided Mentoring** based on Deborah Rosati's e-book *How to Get Yourself On a Board*, with the following key learnings:
  - Master the Foundations of Board Service
  - Position Your Board Offer
  - Get Board Interviews
  - Ace Your Board Interview
- Expand your network via **Peer-to-Peer Networking** and build critical relationships;
- Deepen your knowledge and understanding of board dynamics to position your board offer, and;
- Receive your **WGOB Mentorship Program Certificate of Completion** and recognition upon completion within WGOB social and email communications.

## MENTEE COMMITMENT

Mentees are required to make the following commitments:

- Schedule Quarterly Mentoring Sessions based on times that work for both you and your Mentor;
- Attend six Virtual Sessions supported by key learnings/resources;
- Participate in **Peer-to-Peer Networking** throughout the program;
- Drive Mentor relationships by being accountable for arranging your Quarterly Mentoring Sessions;
- Strategize together to set tangible, obtainable goals; plan and execute;
- Keep all discussions confidential;
- Share feedback with WGOB about issues and progress, and;
- Participate in evaluation throughout the program.

"I am privileged to be a part of Women Get on Board and their [Women Get On Board] Mentorship Program, which helped lead me to my new [board] role. The coaching from such fabulous inspirational women has been instrumental in accelerating my Board readiness and confidence."

- BARBARA BOYD  
CFO / CORPORATE DIRECTOR

# Mentors

The WGOB Mentors comprise a diverse group of leading and serving women corporate directors in Canada committed to advancing board diversity. They will support our WGOB mandate- to **connect, promote and empower** women to corporate boards.

## MENTOR BENEFITS

Mentors will receive the following benefits:

- Build a relationship with an aspiring women corporate director (Mentee);
- Receive a Mentor Guide that will provide you support for your quarterly meetings with your Mentee
- Receive reverse mentorship;
- Broaden your understanding of how to be an effective Mentor;
- Contribute to advancing more gender diversity on corporate boards, and;
- Raise your profile via the WGOB website, social media channels and email communications as a Mentor for the **WGOB Mentorship Program**.

## MENTOR COMMITMENT

Mentors are required to make the following commitments:

- Attend Quarterly Mentoring Sessions based on times that work for both you and your Mentee;
- Attend four Virtual Sessions supported by key learnings/resources;
- Strategize together to set tangible, obtainable goals; plan and execute;
- Keep all discussions confidential;
- Share feedback with WGOB about issues and progress, and;
- Participate in evaluation throughout the program.

## Cohort 6 Mentorship Program Mentors

[Allison Christilaw](#)  
[Carolyn Graham](#)  
[Christine Gillespie](#)  
[Corinne Boone](#)  
[Jennifer Quaglietta](#)  
[Jennifer Sondergaard](#)  
[Mandy Abramsohn](#)  
[Margie \[Madhuri\] Parikh](#)

[Pamela Laycock](#)  
[Rita Achrekar](#)  
[Stacey Mowbray](#)  
[Shelley Williams](#)  
[Tania Clarke](#)  
[Toni Rinow](#)  
[Tracie Crook](#)  
[Young Park](#)

"Empowerment is not only about helping women find their voice, it's also about making sure they are heard. It has been such a pleasure and an honour to participate as a Mentor in the Women Get On Board Mentorship Program."

- KRISTI HONEY B.MGMT, MBA, ICD.D  
BOARD DIRECTOR, CHIEF  
ADMINISTRATIVE OFFICER (CAO) AT  
TOWNSHIP OF UXBRIDGE

[To view our full list of Alumni Mentors, click here](#)

# Program Format



"[The] women are wonderful; thoroughly enjoying being brought together to meet mentees and mentors alike. Cannot express enough thanks for the candid feedback and "heads up's" that are taking my personal board search to the next level."

- STEPHANIE BIRD, CPA, CA  
GLOBAL FINANCE & OPS EXECUTIVE

WGOB has created a unique one-year program consisting of:

- Six Virtual Sessions (hosted by WGOB - dates and topics below)
  1. Program Kick-Off Roundtable Session - Mentors/Mentees
  2. Interim Session - Mentees Only
  3. Mid-Term Mentoring Roundtable Session - Mentors/Mentees
  4. Networking Session - Mentees Only
  5. Interim Session - - Mentors/Mentees
  6. Program Completion & Key Learnings Roundtable - Mentors/Mentees
- Quarterly Mentoring Sessions, Self-Initiated by Mentee

The six Virtual Sessions will provide **Guided Mentoring** and incorporates key learnings from Deborah Rosati's e-book *How to Get Yourself On a Board*, including:

- **Master the Foundations of Board Service**
  - Recognize there are different types of boards
  - Identify the skills needed to serve on a board
  - Develop your governance knowledge and expertise
- **Position Your Board Offer**
  - Assess your board readiness
  - Identify the right board for you
  - Create your board value proposition
- **Get Board Interviews**
  - Identify board opportunities
  - Network your way on to a board
  - Deliver a stand-out board resume and LinkedIn profile
- **Ace Your Board Interview**
  - Learn tips on how to prepare for a board interview

2026/2027

# Program Dates

## 1. Program Kick-Off Roundtable Session - Mentors/Mentees

Key Learning: Master the Foundations of Board Service

April 15, 2026 | 5:00 -7:00pm ET

## 2. Interim Session - Mentees Only

Key Learning: Position Your Board Offer

June 17, 2026 | 5:00 -7:00pm ET

## 3. Mid-Term Mentoring Roundtable Session - Mentors/Mentees

Key Learning: Get Board Interviews

September 16, 2026 | 5:00 -7:00pm ET

## 4. Networking Session - Mentees Only

November 18, 2026 | 5:00 -6:30pm ET

## 5. Interim Session - Mentors/Mentees

Key Learning: Ace Your Board Interview

January 20, 2027 | 5:00 -7:00pm ET

## 6. Program Completion & Key Learnings Roundtable - Mentors/Mentees

March 3, 2027 | 5:00 -7:00pm ET

*\*Note that all sessions are virtual*



# Program Fee

REGISTRATION TYPE	DESCRIPTION	Fee
<b>WGOB MEMBERS</b>	ONE-YEAR PROGRAM REGISTRATION FOR WGOB MEMBERS	CDN \$3600 <sub>+HST</sub>
<b>NON-MEMBERS</b>	ONE-YEAR PROGRAM REGISTRATION FOR NON- MEMBERS *	CDN \$4000 <sub>+HST</sub>

*\*Non-Member registration includes a 1-year WGOB Membership*

# Facilitator

Throughout this unique one-year program, the **WGOB Mentorship Program** Facilitators will guide, facilitate and host six Virtual Sessions.



**DR. DEBORAH ROSATI, FCPA, FCA, ICD.D, GCB.D, CCB.D**  
**CORPORATE DIRECTOR , FOUNDER & CEO,**  
**WOMEN GET ON BOARD INC.**

Deborah Rosati, an award-winning entrepreneur and corporate director, has been described in three interconnected ways over her 35-year career: as a champion of corporate governance, a catalyst for change, and a builder of community.

As the founder and CEO of [Women Get On Board Inc. \(WGOB\)](#), a social purpose company founded in 2015 with a bold vision to build a national movement, Ten Years of Trailblazing: Amplifying Women's Voices, Transforming Boardrooms and Beyond, our mission is to connect, promote, and empower women to serve on corporate boards with confidence and courage.

Deborah is proud to amplify the voices of women leaders, board members, and professionals across Canada through education, mentorship, and allyship. She believes in the power of three: one woman in the boardroom is a token, two are a presence, and three are a voice.

Deborah is a respected leader in the boardroom, having chaired boards and audit committees, as well as nominating and corporate governance committees, and having served as lead director of public companies. Additionally, Deborah has led and served on numerous special committees with mandates that include initial public offerings and private placements, mergers and acquisitions, restructuring, and special investigations.

Deborah's dedication to inclusive governance and board diversity stems from her experiences as often the only woman in the boardroom. These firsthand encounters have reinforced her belief that greater women's representation on boards leads to better business outcomes.

Constantly seeking improvement, Deborah aims to challenge expectations and drive positive change. She brings an environmental, social, and governance (ESG) perspective to every board she joins, believing in the power and responsibility of businesses to make the world a better place.

As innovative leaders, Deborah and her co-founders, Dr. Sherry Shannon Vanstone and Lara Zink, founded Women Funding Women Inc. (WFW) to address the funding gap facing women entrepreneurs.

Deborah's commitment to sustainable change and empowerment, together with her broad governance and financial expertise and engaging demeanour, have made her a sought-after thought leader and speaker. Her perspectives on corporate governance, sustainability, inclusion, and social impact are clearly presented on her website, [deborahrosati.ca](http://deborahrosati.ca).

# Meet our Champions

## CORPORATE DIRECTORS IN RESIDENCE FACULTY MEMBERS

Our Corporate Directors in Residence (CDIR) faculty members, who are part of the **WGOB Mentorship Program**, will collaborate with our program facilitator, Dr. Deborah Rosati, to provide valuable insights and share their board experiences with the mentees throughout this unique one-year program. WGOB greatly values their contributions and recognizes them as accomplished and experienced corporate directors.



[SHARON CASTELINO, MBA, LLM, ICD.D](#)



[KRISTI HONEY](#)



[PATRICIA MCLEOD, K.C., ICD.D, MBA](#)



[NORMA BEAUCHAMP, ICD.D](#)

## MENTORSHIP PROGRAM FOUNDING ADVISORY COUNCIL MEMBERS

The **WGOB Mentorship Program Founding Advisory Council** was established to help build and support our WGOB Mentorship Program. This diverse group of accomplished women leaders remains committed to our WGOB mandate to **connect, promote and empower** the next generation of women leaders. We extend our gratitude for their commitment to supporting us through the launch and development of the **WGOB Mentorship Program** from October 2020 - March 2024.

1. [Jennifer Laidlaw](#)
2. [Vinny Bhathal](#)
3. [Lori-Ann Beausoleil](#)
4. [Alyssa Barry](#)
5. [Beth Tyndall](#)
6. [Janis Duncan](#)
7. [Cheryl Fullerton](#)

# Meet our Champions

## SPONSORSHIP CHAMPIONS

**Thank you to our sponsors**, who are committed to advancing the next generation of women corporate directors. Sponsorship levels are based on the WGOB corporate pillars: to **connect**, **promote** and **empower** women to corporate boards.



[VINNY BHATHAL, FCPA, FCMA](#)



[CATHY LOGUE, FCPA, FCA, ICD.D](#)

### EMPOWER LEVEL

**Sprott**

Thank you as well to our past **connect** sponsors for their commitment to launching and supporting the WGOB Mentorship Program:

- First Nations Financial Management Board
- irlabs
- Massey Henry
- Sandpiper Group

### CONNECT LEVEL

[STANTON CHASE](#)

"Stanton Chase is proud to be a returning sponsor of the Women Get on Board Mentorship Program as it launches its 5th Cohort. Deborah and the WGOB team have developed a truly exceptional program that provides real-world guidance, helps build confidence, and creates a pathway for women to fully realize their potential and find their voice."

Mentorship is something I'm deeply passionate about personally, and we're thrilled to be part of an initiative that is not only helping women prepare for board roles, but also shaping the future of stronger governance and more inclusive decision-making."

- CATHY LOGUE, FCPA, FCA, ICD.D  
MANAGING DIRECTOR & GLOBAL PRACTICE LEADER, STANTON CHASE